



## Competitive Race Coach (U10 - U21) 2019

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*London Ski Club Racing is an organization providing alpine racing programs for children and adults at Boler Mountain in London, Ontario. Ski racing programs are available for children starting at age 7 and continue through for adults.*

*It is the **mission** of London Ski Club Racing to deliver a program that fosters and promotes the sport of Alpine Ski Racing. LSC-Racing will provide this through healthy competition and sportsmanship, while providing the necessary resources, structure, support, skills, education and positive experiences to enable our athletes and coaching staff to achieve their full potential in life.*

*The **vision** of London Ski Club Racing is to continue to grow, provide and create a competitive, accessible, and sustainable racing program within the greater London community and the province of Ontario.*

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### Title

Competitive Race Coach

### Reports To

Head Coach & Race Administrator

### Staff Hours

January 4, 2019 - March 8, 2020

Weekends:	U10: Saturday	9:15 AM - 2:45 PM
	U12: Saturday & Sunday	9:15 AM - 2:45 PM
	U14: Saturday & Sunday	8:15 AM - 2:45 PM
	U16: Saturday & Sunday	8:15 AM - 2:45 PM

**\*\*Race Days\*\*** - approximately 8 AM (based on hosting notes) - 3 PM

Week Days:	U10 & U12:	5:45 PM - 8:15 PM
	U14 & U16:	5:45 PM - 9:15 PM

### Summary

The role of the Competitive Race Coach is one that demands hard work, creativity, group control and an enthusiastic attitude towards children and sport. The Coach is required to create and follow a comprehensive weekly lesson plan & training/drill courses based on the race

schedule as provided by Alpine Ontario. The Coach works directly with athletes within the program focusing on fundamental/intermediate & advanced skills, overall performance as a competitive athlete and fostering a love of the sport. Coaches are expected to teach classes that are age appropriate, challenging, productive, and fun. This includes being prepared to teach in a variety of weather conditions ( including rainy day programs ). Coaches are responsible for teaching athletes the safety requirements of the program and race courses ensuring that all participants use equipment properly and follow safety standards.

Competitive Race Coaches are expected to travel with their teams to away races as outlined on the schedule from Alpine Ontario. It is the responsibility of the coach to arrange transportation to and from the race; coaches will be compensated for traveling based on predetermined rates (accommodations and meals will not be compensated). Coaches and their athletes will respect and abide by any rules as laid out by the host club and/or the hosting notes and uphold an exemplary level of sportsmanship at all times. All teams are required to stay at the visiting club and train until 3 PM following the race.

## Core Competencies

- Knowledgeable
- Accountability
- Communication
- Teamwork
- Creativity
- Sportsmanship
- Leader
- Competitive

## Overview of Responsibilities

- Coaches are responsible to set their own courses weekly and seek required assistance/guidance as needed.
- Lead group through dynamic warm-up and cool down activities each session.
- Develop and deliver age appropriate programs with onsite equipment that encourages movement and strength of lower joints used in Alpine Skiing.
- Supervise, guide, demonstrate and assist children in daily activities.
- Provide a safe and happy environment.
- Maintain equipment and assist in housekeeping duties to keep building clean on a weekly basis.
- Maintain attendance records of children participating within your class.
- Attend all staff meetings and on-hill sessions during the season.
- Participate in curriculum planning with other staff members and management.
- Work cooperatively and effectively as a team member by communicating and contributing information on a continuous basis.

- Maintain open, friendly, and cooperative relationship with each child's family and encourage their involvement in the program.

## Requirements

- Seasons membership to Boler Mountain (see Management for further details)
- Minimum CSCF Level 1 Certified certification (CSCL Level 2 Trained or Certified certification preferred).
- Past experience with course setting both GS and SL courses
- Strong overall knowledge of biomechanics relating to Alpine Skiing and ability to apply knowledge into program planning
- Minimum of 1 year past coaching experience as a lead coach of a Race Team
- Preferred 2 years experience working with school aged children.
- Demonstrated competency in oral and written communication skills.
- Ability to effectively interact and relate to children in a developmentally appropriate manner.
- Ability to pass a criminal background check.
- Ability to travel & make arrangements as needed.
- Excellent interpersonal skills.
- High level of energy.
- High levels of patience.
- Excellent problem solving skills.
- Ability and willingness to perform required physical tasks.
- Ability to recognize individual learning styles and the characteristics of learners.
- Willing to participate in ongoing learning.

## Work Conditions

- Interacts with peers, athletes, parents, management & Board of Directors.
  - Regular to frequent requirement to perform physical activities including bending, standing, lifting, stooping, stretching, squatting, pushing and pulling, sitting, running, walking and supporting students.
  - Outdoors in all weather conditions
  - Staff may leave once dismissed by management for the day and all children have been picked-up by parents (generally 15 min after end time).
  - Wear a helmet at all times while on-hill.
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## How to Apply

If you believe you'd be a great Competitive Race Coach on our team, please send your resume and cover letter to Human Resources at [lscracing@gmail.com](mailto:lscracing@gmail.com) and include *Competitive Race Coach - Applicant* in the subject line. We thank all candidates who apply, only those selected for an interview will be contacted.